

Chart No. 02 10th Std Weekly Time Table (TMNP)

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Part	Timing								Rest
Early Morning	5.00 to 6.00								Study
	6.00 to 7.30								Free Time
Morning & Afternoon	8.00 to 11.00								Lunch
	11.00 to 1.00								Dinner
Afternoon	1.00 to 2.00								Walk/Exercise
	2.00 to 3.00								Optional Study
Late Afternoon	3.00 to 5.00								School
	5.00 to 7.00								Class
Evening	7.00 to 8.00								Home Work
	8.00 to 9.00								TV Time
Night	9.00 to 10.00								Mobile Time
	10.00 to 11.00								Home Help
	Hrs Study								
						Total Hrs Study / week			